

COURSE DESCRIPTION

Known by many as the 'birthplace' of mountain biking here in the state, Oak Mountain State Park is host for race #3 of the 2019 season. This course will start with a long section along Peavine Falls road which will allow racers ample time to sort out before they dive onto the 'Mr. Toads' trail and return back to the infield. After coming off this trail, riders will make a hard left for another short section of road before linking together the 'Family Trail', 'Rattlesnake Ridge' and 'Lake Trail' to complete a 4.86 mile lap. When heading out for subsequent laps, racers will bypass the first section of road and the 'Mr. Toads' trail and continue straight to the 'Family Trail'. This cuts out approximately 1 mile from the first lap overall distance resulting in a lap of just under 4 miles for all categories that will be completing multiple laps.

Interactive venue map can be found at this link: [CLICK HERE](#)





WEEKEND SCHEDULE

Saturday

- 9:00 AM Volunteers Arrive for Course and Infield Set Up
- 11:00 AM Pit Zone opens for team set up and Check-In Opens (Teams must follow schedule times for PZ access)
- 1:00 - 2:00 PM GRiT Pre-Ride (Riders must be checked in and have a number plate affixed to their bikes)
- 2:00-3:30 PM Slow Pace Pre-Ride (Riders must be checked in and have a number plate affixed to their bikes)
- 3:30-5:00 PM Fast Pace Pre-Ride (Riders must be checked in and have a number plate affixed to their bikes)
- 5:00 PM Check-In Closes
- 5:00 PM Course Closed for Pre-Ride (No riders will be allowed on the course after pre-ride closes)

Sunday

- 7:30 AM Pit Zone opens for team set up and Check-In/Late Registration Opens
- Course Open for Pre-Ride (Riders must be checked in and have a number plate affixed to their bikes)
- 8:30 AM Course Closed for Pre-Ride (No riders will be allowed on the course after pre-ride closes)
- Coaches Meeting (Mandatory attendance for 1 coach representative from each team)
- 9:00 AM Devotional
- 9:30 AM Wave 1 Start
- 11:15 AM Wave 2 Start
- 12:00 PM Wave 3 Start
- 1:00 PM Wave 4 Start
- 3:00 PM Racing Concludes and Pit Zone opens for team area take down
- Course and InField Break Down Begins
- 4:00 PM Awards Ceremony

PRE-RIDE

Course is open for pre-ride Saturday afternoon (1:00 PM–5:00 PM) and Sunday morning (7:30 AM–8:30 AM)

****Sections of the course will be open to vehicle traffic on Saturday - Riders must use caution****

We recommend all riders pre-ride the course. Please pass course workers with great care.

*****ALL RIDERS (STUDENTS AND COACHES) MUST HAVE A NUMBER PLATE AFFIXED TO THE FRONT OF THEIR BIKE TO BE ON THE COURSE DURING THE PRE-RIDE*****



ADDRESS AND DIRECTIONS

200 Terrace Dr. Pelham, AL 35124 (205) 620-2524

Direction from Interstate 65

Take the 119/Cahaba Valley Road Exit #246 and head west
Turn left onto Oak Mountain Park Rd. and travel 1 mile to John Findley Dr. Turn left and proceed through park entrance

Follow signs once inside park to infield location

“Race Weekend” wrist bands are available at this venue for \$10 per band per adult, \$5 per child (ages 4-11) and senior (ages 61 and up), age 3 and under are FREE and do not require a wrist band. This covers the entrance fee to the park for Saturday, and Sunday. Wristbands must be visible to enter the park on a subsequent visit during the weekend and

MUST BE REQUESTED UPON FIRST ENTERING THE PARK.

PARKING

Vehicles must park in the designated parking areas identified on the map above and marked with signs on race day.

All vehicles must abide by the instructions of parking volunteers and/or league staff. Any violators risk imposition of penalties against their respective teams.

Handicap parking is available at the area marked in blue.

NEW IN 2019 - The upper paved lot (identified on map) will be used for Pit Zone Parking. Each team will be provided with 2 parking passes for access in/out of this lot and 2 parking spaces will be allocated for each team.

REGISTRATION

Online registration closes the Tuesday prior to each race at 12:00 midnight.

Race Ready Checklist:

Pit Zone information entered ?

NICA Fee and League Fee paid ?

Release forms signed electronically ?

On-site race registration will incur a \$10 late fee payment. To avoid long lines and late fees, please register for the race online. There is no on-site league registration available, only race registration and you must complete registration at least one hour prior to your start time.

On-site registration is only available during the following times:

12:00 PM - 5:00 PM Saturday and 7:30 AM - 12:00 PM Sunday

www.alabamamtb.org



PIT ZONE INFORMATION AND RULES

- Teams must abide by the published schedule for Pit Zone access
- Vehicle are prohibited from driving into and parking in the designated Pit Zone area.
- The upper paved parking area of the south trailhead (see map) will be designated as Pit Zone parking and each team will receive 2 parking passes for this area. All other vehicles must park in the designated parking area.
- No Smoking at this venue
- No inappropriate language allowed in Pit Zone
- Any conflicts and/or disputes with any race official or volunteer shall not be dealt with in the Pit Zone

Any violation of the above rules may result in a team penalty and/or expulsion from the Pit Zone and Infield area.

FOOD SERVICE

[Swamp Monster BBQ](#) - TBD

[Devil Dawgs](#): Saturday and Sunday

[Nelchies Cajun](#): Saturday & Sunday

SUPPORT FROM

Shelby County Alabama: [DISCOVER SHELBY](#)



DiscoverShelby.com



ACCOMMODATIONS

Both tent and RV camping options are available within the park. Primitive camping (NO RVs allowed) is available in the field across from the Pit Zone area at a rate of \$20 per tent/per night and covers 4 people per "site". Fees to be paid at the Main Office (8am-4pm) or Front Gate (after hours). Overnight campers paying the camping fee will be given a dash card and have access to the bath houses/coin laundry in the campground free of charge. Water and showers will be available in the new OMSP bath house at this location, but campers will not have access to electricity. In addition, no fires are allowed directly on the ground, any fires must be in metal bowls. QUIET HOURS ARE 10:00 PM to 7:00 AM AND ALL GENERATORS MUST BE OFF DURING THIS TIME. Full hook-up sites for RVs, as well as more established tent camping sites are available in the park campground at normal rates. This location is approximately 5 miles from the infield location and reservations can be made by calling 205.620.2527 or emailing oakmountain.campground@dcnr.alabama.gov. Online reservations can also be made at www.alapark.com.

Hotels are located approximately 5 minutes from the park in Pelham. Please call in advance to make reservations:

Sleep Inn : 200 Southgate Drive, Pelham, AL (205) 982-9800
Quality Inn : 110 Cahaba Valley Parkway, Pelham, AL (205) 444-9200
Holiday Inn Express : 260 Cahaba Valley Road, Pelham, AL (205) 987-8888

Additional hotel options can be found at www.discovershelby.com

OTHER IMPORTANT VENUE NOTES

No dogs off leash please!

No open fires in the team pit area

Campfires must be in self contained fire pits, no campfires directly on the ground

VOLUNTEERS NEEDED

Volunteers make our races happen, [CLICK HERE](#) to learn more and to sign up.



DETAILED WAVE SCHEDULE

Category	Start Time	Laps	Start Interval	Race Plates
WAVE 1				
Varsity Girls	9:30 AM	3	60-100 Minutes	001-010
JV Girls	9:33 AM	2	45-90 Minutes	100-119
Sophomore Girls	9:36 AM	2	45-90 Minutes	400-424
Freshman Girls	9:39 AM	2	45-90 Minutes	700-729
WAVE 2				
8th Grade Boys A	11:15 AM	1	45 Minutes or Less	6000-6069
7th Grade Boys A	11:18 AM	1	45 Minutes or Less	6000-6069
6th Grade Boys A	11:21 AM	1	45 Minutes or Less	5000-5064
8th Grade Boys B	11:26 AM	1	45 Minutes or Less	5000-5064
7th Grade Boys B	11:29 AM	1	45 Minutes or Less	4000-4049
6th Grade Boys B	11:32 AM	1	45 Minutes or Less	4000-4049
WAVE 3				
8th Grade Girls	12:00 PM	1	45 Minutes or Less	3000-3019
7th Grade Girls	12:03 PM	1	45 Minutes or Less	2000-2019
6th Grade Girls	12:06 PM	1	45 Minutes or Less	1000-1019
WAVE 4				
Varsity Boys	1:00 PM	4	90-120 Minutes	050-069
JV Boys	1:03 PM	3	60-100 Minutes	300-384
Sophomore Boys	1:06 PM	2	45-90 Minutes	500-569
Freshman Boys	1:09 PM	2	45-90 Minutes	800-899

The information in this race flyer is tentative and is subject to change. Please contact Adam at adam@alabamamtb.org with questions or concerns.